

Advanced or advancing nursing practice: the future direction for nursing?

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Session outcomes

To critically appraise:

1. Key drivers for the evolution of advanced nursing practice in the UK;
2. Three models of advanced nursing practice
3. the features of a model advancing nursing practice.

Advanced Nursing Practice: an International phenomenon

- Originated rural USA
 - Nurse Practitioners (NP)
 - **primary care**/ paediatrics (Ford & Silver)
 - Clinical Nurse Specialist (CNS)
 - **acute** settings
- Advanced Practice Nursing
- Wider international interest
 - Canada, Australia, New Zealand
 - More recently, Europe & Ireland
- **UK**
 - Initially in primary care
 - Barbara Stilwell (1982)
 - Secondary care
 - minor injury units (late 1980s)

What is Advanced Nursing Practice?

Practice carried out by:

- ‘a registered nurse who has acquired an expert knowledge base, complex decision making skills and clinical competencies for expanded practice, the characteristics of which are shaped by the context and country in which he/she is accredited to practice. A masters degree is recommended for entry level’

ICN (2002)

- **BUT-** Difficulty in international definition because of different drivers and their effect on how the role develops Schober & Affara (2006)

Drivers for advanced nursing practice in UK

- **Medical shortages**

- Technical advances

- Societal & political
 - Quality & choice

- **Complex health needs**

- Professional development

Manley's two track perspective on advanced practice roles -medicine or nursing?

- Manley (1997) two advanced practice roles-

1. Nursing

- the intrinsic but often hidden value of 'nursing'
- OPPORTUNITY TO SHINE!

2. Medicine

- filling the 'gap'
 - Focus on 'disease'/ speciality focus
 - ?Clinical Nurse Specialist roles
 - Recently '**Advanced Clinical Practitioner**'

Advanced or advancing nursing practice: the future direction for nursing?



Advanced



Advancing

Advanced Clinical Practice

Medical Replacement

Advanced
Nursing

Subroles
Leadership
Innovation

The emergence of Advanced Clinical Practice roles

- Main focus- Replacement for medics
 - Undertaking skills and roles previously undertaken by medics
 - medically driven agenda / ‘**Cure**’ paradigm

Bryant-Lukosius et al 2004

- Limited autonomy
 - **BUT some opportunity in decision making rights**
 - prescribing, investigative and referral rights
- Limited opportunity/ emphasis on advanced nursing practice
 - Limited scope for developing ‘**Care**’ paradigm

Advanced Nursing Practice

Advanced
Nursing

Subroles
Leadership
Innovation
Research
Consultancy

Medical
Replacement

Problems for advanced nursing practice

- Limited vision for advanced nursing practice
- Role boundaries not clear or established by others
- Weak nursing leadership/ lack of role models
- Lack of evaluative outcome studies
 - Making **visible** impact of nursing
- Limited scope for ongoing development
 - cost/ limited preparation

Another look at drivers

- Complexity of health needs
 - Long term conditions
- Changing demographics
- Patient focussed / quality agenda

A **uni-dimensional** model dominated by the Medical paradigm has **limited scope** here
- other skills & perspectives needed

Advancing Nursing Practice

Advancing Nursing

Subroles

Medical
Replacement

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Components of advancing nursing practice roles- multi dimensional roles

Some or all of these:

- Expert clinician
- Leader
- Collaborator
- Role model
- Patient advocate

But beyond the clinical...

- Policy developer
 - Researcher
 - Educator
 - Change agent/
innovator
- Hamric et al 2014

•‘the ability to challenge professional boundaries and to pioneer innovation’



Valuing nursing practice

- ‘an ongoing process in nursing practice, using expanded knowledge, clinical expertise and research to further the scope of nursing practice. We must **focus on the patients** and strive towards providing quality of care ensuring that **all patient’s needs are met.**’

Por 2008

- ***Because at its best, it focuses on the whole patient, the whole person, care and cure.***

What difference does Advancing Nursing Practice make? (1)

Systematic review demonstrated:

- Both **quality**, and **cost effectiveness** of care
- **Improvement / reduced decline** in health status indicators,
 - including depression, incontinence, pressure sores, aggressive behaviour,
 - achievement of personal goals.
- Significant improvement in service impact by **non-clinical** work through their **leadership** and **education** activities.

What difference does Advancing Nursing Practice make? (2)

Narrative analysis of nursing stories:

- the nurse patient relationship - central to everything
 - especially pertinent to the complex needs in long term conditions,
- ANPs deal with dynamic and complex situations, leading innovation, carrying foresight, practice based on genuine respect with the ANP guiding, supporting and travelling with patients through their illness

Kucera, Higgins and McMillan (2010:48)

Advancing nursing practice-

Focus: not a 'role' but a 'LEVEL' of practice

'a complex composite of knowledge and experience applied in a unique way according to each situation through the medium of self.'

Fulbrook 1998

Focus: not a 'post', but a 'PERSON'

'Self awareness is a powerful attribute that enhances consultation, collaboration and communication skills, all of which are fundamental to the ANP role...it is the combination of these personal attributes together with all, rather than some of the specified skills that distinguishes advanced practice from other nursing roles'

Griffiths 2008

Grasping the future

- Not a denial of the ‘virtues’ of incorporating the medical model/ cure domain where appropriate

BUT

- Promotion of the intrinsic value and importance of nursing in all its facets

URGENT NEED TO

- Identify the invisible and make it visible
- Identify nursing outcomes Corner et al 2003
- Provide clinical leadership and envision
- Resist caution- embrace risk & don't wait for 'permission'
- Refocus away from the specialist to the generalist

What is Advancing Nursing Practice?

‘... the future frontier for nursing practice and professional development. It is a way of viewing the world that enables questioning of current practices, creation of new nursing knowledge, and improved delivery of nursing and health care service... therefore continued development is of paramount importance for society and the nursing profession.’ **Bryant-Lukosius et al 2004**

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