

Effects of affectionate communication received from grandparents on young adults' depression



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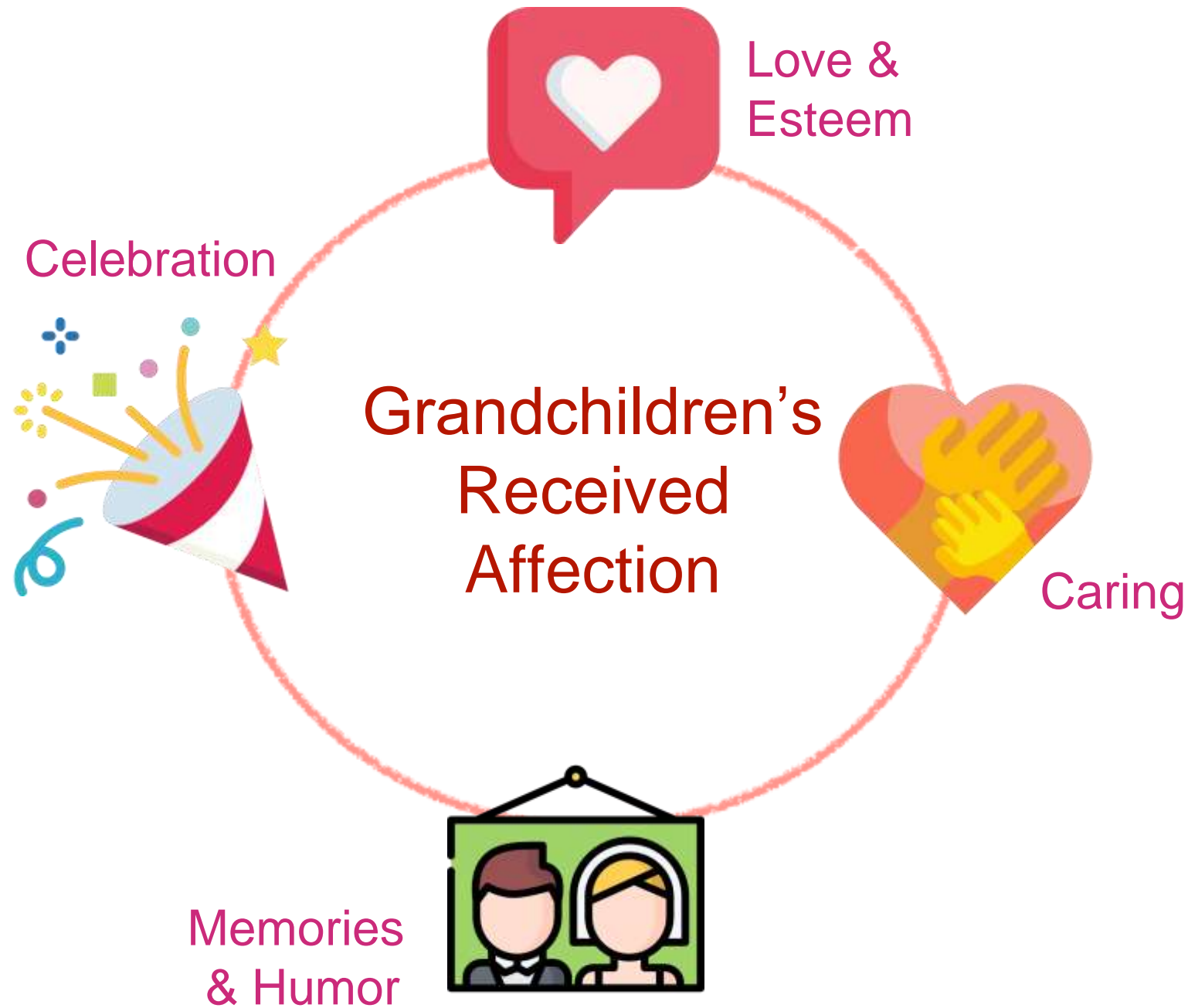
Theoretical background & Research Question

- Affection Exchange Theory (Floyd, 2006)
- Research question :
« Is affectionate communication received from grandparents related to a lower level of depression among young adult grandchildren? »





Affectionate Communication in Grandparenting

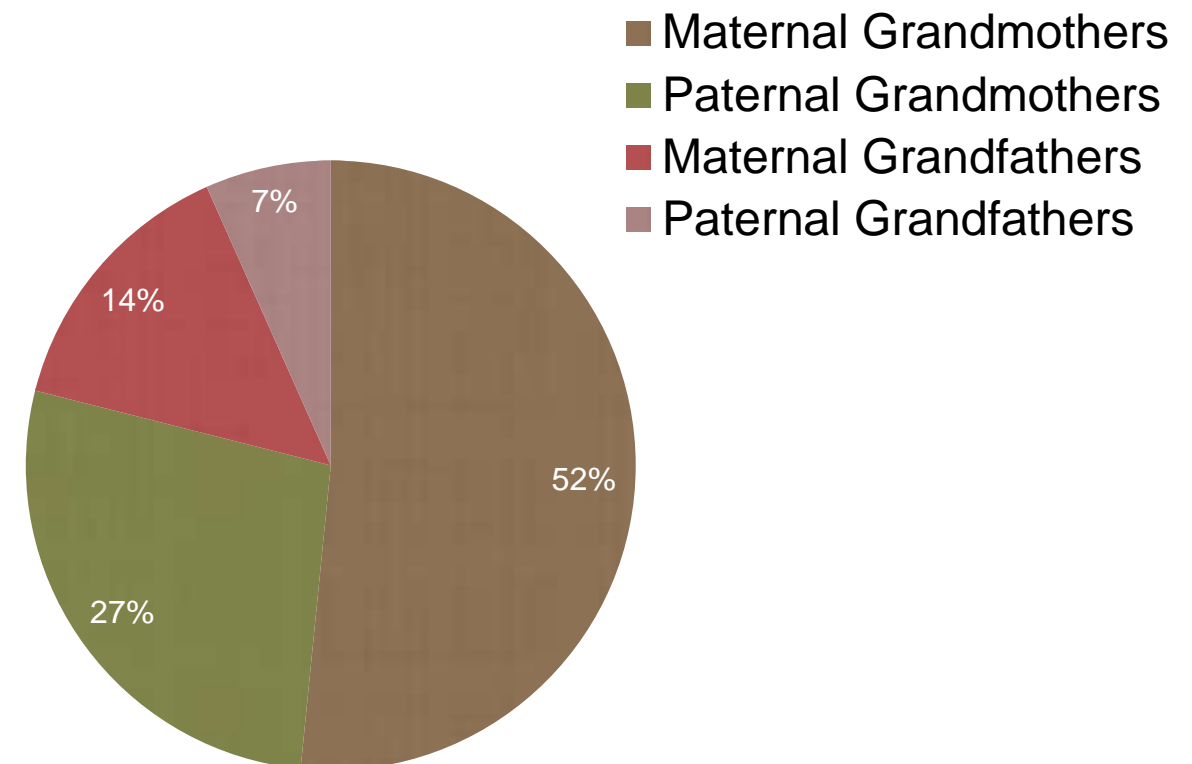


Ref. Mansson, 2013



Methods

- Participants :
 - 285 students (18-25 years old, 20 years old in average).
 - Their grandparents were between 58 and 94 years old, 76 years old in average.
- Questionnaire :
 - The Grandchildren's Received Affection Scale
 - The Parental Encouragement Scale
 - The Shared Family Identity Scale
 - The Ideal Grandparent Scale
 - The Center for Epidemiologic Studies of Depression Scale



Repartition of grandparents by lineage



Hypothesis & Objectives



H1: Grandchildren who received less affectionate communication from their grandparents would show higher levels of depression.

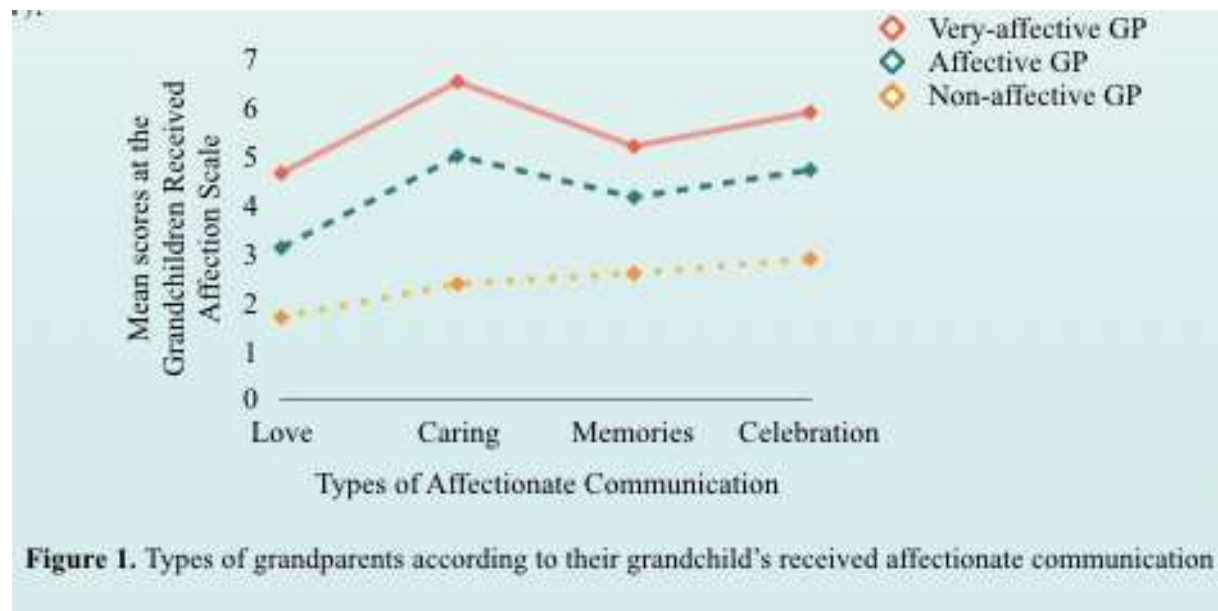
- **Objectives of the study :**

- 1) Determine different clusters of grandparents according to their affectionate communication toward their grandchildren
- 2) Outline any relation between affectionate communication young adults received from grandparents and their level of depression



Results

Objective 1



Objective 2

Table 1

Correlations, Means and Standard Deviation for Affectionate Communication and Depression

Variables	α	M	SD	1	2	3	4	5
1. Love & Esteem	.88	4.20	1.20	-				
2. Caring	.90	6.1	.62	.44*	-			
3. Memories & Humor	.88	4.86	1.03	.40*	.36*	-		
4. Celebration	.70	5.51	1.08	.33*	.48*	.25*	-	
5. Depression	.77	2.57	.50	.12*	.21*	.11	.09	-

Note. N = 285. * $p < .05$.



Discussion

- Love & Esteem and Caring as form of affection that helps to fight against depressive symptoms in young adults
- Advices for grandparents who wonder how to assure their role with their grown up grandchildren
- Grandparental issues or family issues?



Berry Austin Photography/Getty Image



Thank you for your attention!

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